



## 4-H Project Record Form

Name of Project \_\_\_\_\_

My Name \_\_\_\_\_ Number of Years in Project \_\_\_\_\_

**Use a new 4-H Project Record Form for each project, every year. (25pts.)**

This is my plan for \_\_\_\_\_ Age (as of January 1) 20\_\_\_\_

By keeping 4-H records you can:

- Learn how to set goals, record what you do and learn, and evaluate.
- Feel good about your 4-H experience.
- Learn how to share information with others.
- Learn how to be more organized.
- Learn responsibility by getting the job done.

**Goals** - Having goals is like a road map. It helps you decide how you get to where you want to go.

**My goal is to:**

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**I want to do this by: Month** \_\_\_\_\_

**Project knowledge** – Describe two things you have learned while doing this project. Be Specific. (At least 2 complete sentences)

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**Summarize what you liked best about doing your project (at least 2 complete sentences):**

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**What would you change/ do differently next time or what would you like to learn about next year for this project?**

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**Life skills** –Choose 2 life skills from the diagram attached and describe how you have developed each of the life skills through your 4-H project (12-19 year old only)

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How have the life skills that you have learned in this project helped you outside of 4-H? (12-19 year olds only)

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**Community Service, Leadership, Citizenship and Activities**

List any community service activities directly related to this project (for example – collecting dog food for a local shelter if you are in the dog project) Indicate the level by, (I) Individually, (C) Community Club, (Co) County (R) Regional, or (S) State.

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List any leadership experiences that directly relate to this project that you have been involved in (for example helping younger 4-H members, helping with workshops, etc.) Be specific about your role and what you did.

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List any presentations, talks, demonstrations, newspaper articles, radio interviews, etc. that you have given that directly relate to this project this year: (Include the topic, kind of presentation, type of group reached, and number in audience. Indicate the level by (C) Community Club, (Co) County, (R) Regional, or (S) State.

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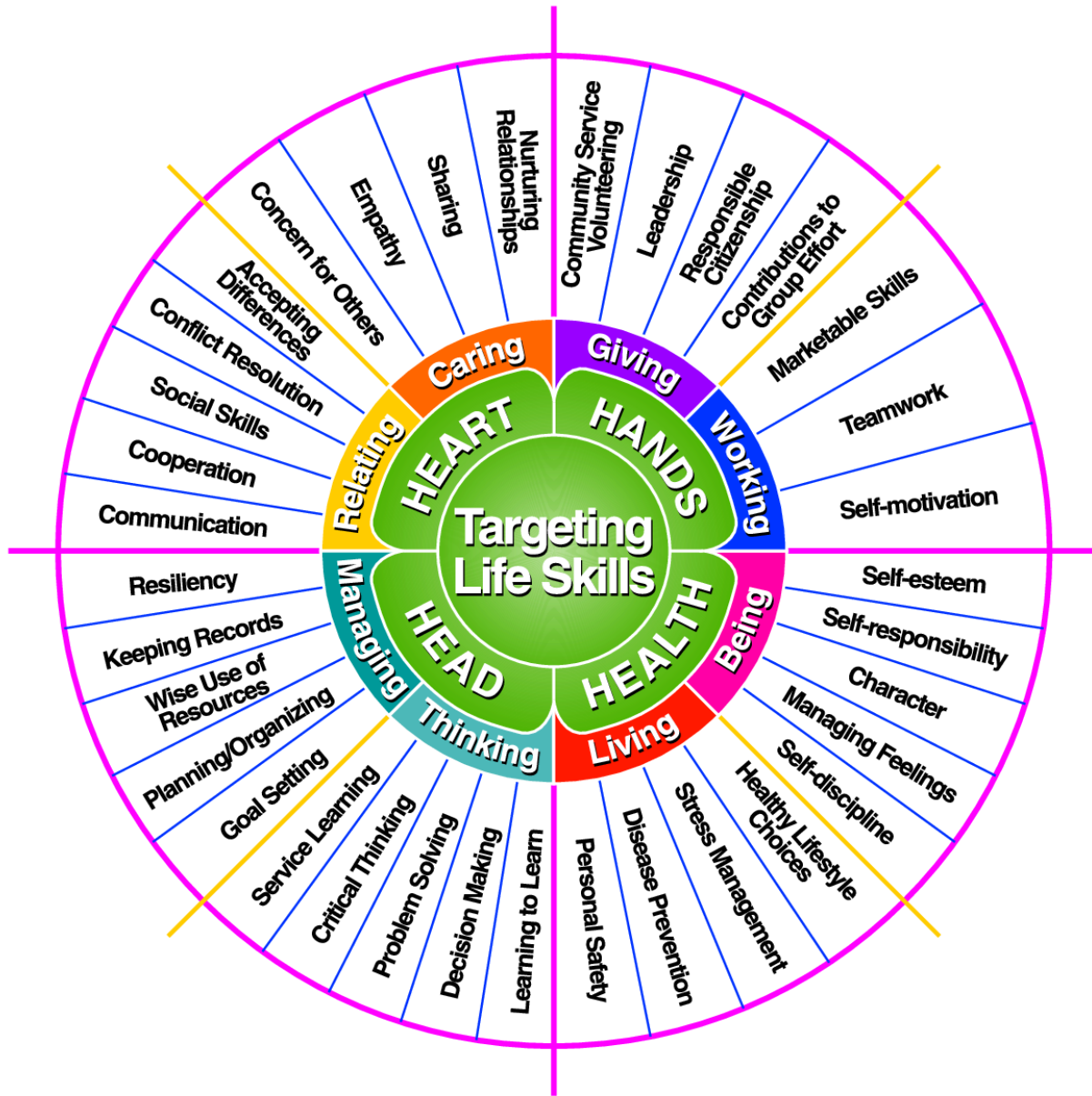
**List all Project Awards, placings, ribbons and recognition earned in this project this year (complete after fair).**

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# 4-H Life Skills



Iowa State University  
 "Targeting Life Skills Model"  
 Patricia Hendricks, November 1996

4H010